



Tools For Action

A sample of physical education initiatives in Wisconsin

Walking Club

Contact Information

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Program Information

Program Name Walking Club
Program Category Recess ideas that complement PE class
Grade Level High School (9-12); Elementary School (K-2); Elementary School (3-5); Middle School (6-8)
Assessment Method [No Answer Entered]

Program Information

Products Developed or Materials Used:

[No Answer Entered]

Program Description:

Walking at the Community walking park. 5 days = ! Foot charm = Done at recess time or class incorporated (voluntary by students)

A Wisconsin Physical Education Program

For information on other **Physical Education Best Practices**, visit the website at:

<http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/> or contact Jon Hisgen at jon.hisgen@dpi.state.wi.us

For information on how your school could become a **Governor's Healthy School Award** winner, visit the website at:

<http://www.schoolhealthaward.wi.gov/> or contact Brian Weaver at brian.weaver@dpi.state.wi.us

For more information on nutrition and physical activity, visit the **Wisconsin Nutrition & Physical Activity Program's website** at:

<http://dhfs.wisconsin.gov/health/physicalactivity/>

or contact staff at:

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